

ABI FYI

Offered Virtually on Zoom Platform

- What is it?** A monthly information session that will give participants the opportunity to learn about the effects of acquired brain injury (ABI) and provide strategies and information around coping with these effects
- Who is it for?** Clients and members of BIAPR, family/caregivers of individuals living with ABI, community members interested in learning more about acquired brain injury
- When?** Third Thursday of the month – Attend virtually using your computer, tablet, phone (*Do Not attend in person*)
- Next session:
Thursday, December 21, 2023
6:30 - 8:00 pm
- What are the Topics?** **Anxiety**
Facilitated by Nicole Nadeau, OT Reg. (ONT)
- Zoom Information:** <https://us02web.zoom.us/j/88219184720?pwd=cS9CUi84eGVWQmIWWWNMWnB3dS82UT09>
- Toll Free Phone Number:** 1-855-703-8985
Meeting ID: Meeting ID: 882 1918 4720
Passcode: 687198
- Who to Contact?** **BIAPR Office:** abifyi@biapr.ca
1-705-927-6295 (text or call)
- Please contact if requiring support with Zoom platform