

# ABI FYI

Offered Virtually on Zoom Platform

- What is it?** A monthly information session that will give participants the opportunity to learn about the effects of acquired brain injury (ABI) and provide strategies and information around coping with these effects
- Who is it for?** Clients and members of BIAPR, family/caregivers of individuals living with ABI, community members interested in learning more about acquired brain injury
- When?** Third Thursday of the month – Attend virtually using your computer, tablet, phone (*Do Not attend in person*)
- Next session:  
**Thursday, December 16, 2021**  
**6:30 - 8:00 pm**
- What are the Topics?** **Anxiety**  
Facilitated by Nicole Nadeau, OT Reg. (ONT)
- Zoom Information:** <https://us02web.zoom.us/j/88151261876?pwd=dkFiN2NkOEFNQmdqelhWU3ZvWWc0UT09>  
**Toll Free Phone Number:** 1-855-703-8985  
**Meeting ID:** 881 5126 1876  
**Passcode:** 112233
- Who to Contact?** **BIAPR Office:** [abifyi@biapr.ca](mailto:abifyi@biapr.ca)  
1-705-872-7049 (text or call)

Please contact if requiring support with Zoom platform