

## Volunteers

BIAPR values and encourages the involvement of volunteers in our ABI Day Service programming. Volunteers contribute their time, skills, talents, and knowledge to enhance the quality of life of the members and to augment the existing services that BIAPR offers.

Due to the COVID-19 pandemic, all our BIAPR ABI Day Service group programs have shifted to virtual video conferencing using the Zoom platform. This is the safest way that we can bring BIAPR's community of members together. While we have begun to support clients onsite with scheduled visits, we are using a hybrid service delivery model to connect them to their larger ABI community using Zoom. As a volunteer you will be a virtual participant in this new virtual programming. You will need to have access to a device that has a microphone and camera built in (i.e. a laptop, a tablet, a cell phone), as well as internet access.

### ***Volunteers take the time to make a difference!***

The time commitments for a volunteer can range from one hour per month to a half a day a week, depending upon the type of volunteer placement chosen. A minimum commitment of three months or 50 hours is required before a volunteer is accepted for placement.

### Why become a volunteer?

There are many reasons why people become volunteers. As a volunteer, you can:

- Meet new people
- Make new friends
- Gain satisfaction by helping others
- Refine old skills and learn new ones
- Explore career opportunities
- Gain work experience
- Share your experiences, talents, hobbies, and interests with others
- Develop new interests
- Gain a better understanding of brain injury
- Attain a sense of personal accomplishment

If you have time and interest to serve as a volunteer, please contact Margie Camp, Recreation Therapist, at 705-457-8745 or [mcamp@biapr.ca](mailto:mcamp@biapr.ca).