



# ABI FYI

- What is it?** A monthly information session that will give participants the opportunity to learn about the effects of acquired brain injury (ABI) and provide strategies and information around coping with these effects
- Who is it for?** Clients and members of BIAPR, family/caregivers of individuals living with ABI, community members interested in learning more about acquired brain injury
- When?** Third Thursday of the month  
Next session:  
**Thursday, September 19, 2019**  
**6:30 - 8:00 pm**
- What are the Topics?** A variety of topics regarding ABI presented each month  
September's Focus:  
6:30 - 7:00 pm - **Dr. Joanna Hamilton** will speak about two new initiatives with BIAPR  
7:00 - 8:00 pm - **Energy Conservation**  
Facilitated by Nicole Nadeau, OT Reg. (ONT)
- Where?** **Brain Injury Association Peterborough Region**  
158 Charlotte St., Peterborough
- How Much?** Cost is free
- Who to Call?** **BIAPR Office** 705-741-1172 or 1-800-854-9738  
Please contact if interested in attending. Space is limited.